



## SUNITA MERRIMAN, DDS

### AREA OF PRACTICE

General Dentistry

### EDUCATION + TRAINING

New York University, College of Dentistry  
1994, New York, NY

Postgraduate training, Long Island Jewish  
Medical Center, New Hyde Park, NY

### MEMBERSHIPS AND AWARDS

American Dental Association

American Academy of Dental Sleep  
Medicine

American Academy of Dental Practice  
Administration

American Association of Women Dentists  
New Jersey Dental Association

Union County Dental Association

Dawson Alumni Association

### SERVICES

General and Cosmetic Dentistry

Implant Dentistry

Invisalign®

Snoring and Sleep Apnea

Laser Dentistry

Smile Makeovers

Whitening

Complimentary Second Opinions

# Sunita Merriman, DDS

Many people think of oral health as just one facet of their overall health, but that's hardly the case. Whether you realize it or not, your oral health impacts your entire body, such as gastric issues, inflammation, cardiovascular issues and even the quality of your sleep.

“Our practice is all about improving the lives of our patients through integrative care,” says Dr. Sunita Merriman. “We recognize that the mouth and head and neck area is an extremely important part of our clients’ overall health.”

Dr. Merriman considers herself to be an integral part of your healthcare team. She approaches each new patient with the knowledge that their oral health is closely linked to their systemic health. “I ask, Do you exercise? What is your stress level? When is the last time you saw your primary care physician? Do you snore? Are you tired during the day? This is conjunction with a thorough examination of your head and neck region, your mouth, teeth and gums.

“I deeply believe in the mind, body and soul connection, but I also respect evidence based treatment,

“As a critical part of your healthcare team, we work to create a partnership and dialogue between all of your healthcare providers so you are guaranteed not only a beautiful smile but also optimal health and well-being.”

the importance of a clear diagnosis and delivery of care with the latest advances in technology and materials.

Most recently, she's focused her training on treating sleep apnea. About 18 million Americans suffer from Obstructive Sleep Apnea (OSA)—a medical condition with a possible dental solution. “If left untreated, it can have serious to fatal consequences,” she says, adding that people with sleep apnea are more likely to exhibit excessive daytime sleepiness, impaired cognition, mood disorders, insomnia, hypertension, ischemic heart disease and/or history of a stroke.

### SUNITA MERRIMAN, DDS

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